

### NEWS FROM THE SCHOOL by Shannon Tenney

Hello Perley Families!

I hope everyone enjoyed the weekend despite the rain! As we head into our fourth week of school, we will begin introducing the structured pieces of our curriculum. You can learn more about our current curricular programming on our new website: <a href="Perley Integrated">Perley Integrated</a>
<a href="Preschool">Preschool</a>. Our first Unit-My Community and Me-explores concepts such as self-awareness, understanding what makes us the same and different from our peers, and family structures.

We will learn more about our curriculum during our Parent Information Night on October 16th!

Have a great week! Shannon

### **DISMISSAL PROCESS**

This week we will start our new dismissal procedure. Every family should have receveid three dimissal tickets. We will be making a back-up set for each family this week on the chance that you lose a ticket or the backpack tag comes off. We appreciate your support and patience as we work through this new procedure.

# PERLEY FAMILY NEWS

Weekly Newsletter

Items of Interest

### **DID YOU KNOW?**

Many birds will prepare for their winter migration during the fall. The distance they can travel is impressive; the Arctic Tern travels 11,000 miles each way for it's annual migration. That's no small feat.

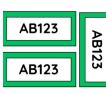
# NEWSLETTERS AND FLYERS

- <u>PTA Aug/Sept</u> <u>Newsletter</u>
- PTA Class Lists and Volunteer Google Form

### PERLEY MENU

<u>September Breakfast</u> <u>September Lunch</u>



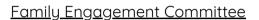


### FAMILY ENGAGEMENT COMMITTEE

We are looking for a few family members to join our Family Engagement Committee. See details below:

- The commitment for this group will be a one hour, once per month meeting.
- The first meeting will occur on Monday October 21, 2024 at 3:00PM.
- The work of the group will be to improve the engagement of families in the happenings of Perley Integrated Preschool.

If you are interested in joining this group, please complete the form below.



### IMPORTANT INFORMATION

### **UPCOMING DATES**

October 1-Early Release

11:30 AM Dismissal

October 14-No School-

Indigenous People's Day

October 16-Parent

Information Night

October 21-Family

**Engagement Committee** 

October 31-Costume Parade

### **IMPORTANT LINKS**

- <u>Payments</u>
- Breakfast/Lunch
  Order Form
- Absence Form
- Dismissal Change
- <u>GPS School Year</u> Calendar
- Perley Integrated
   Preschool Handbook

## ENCOURAGING GOOD SLEEP HABITS

Building good sleep habits at an early age has numerous benefits for your child. You can find some tips from the Child Mind Institute at the link below.

<u>Sleep Habits</u>

### FROM MEL PEIRCE

Do you struggle to get your child to tell you about how their day went and what happened at school? You're not alone! This is an issue for many parents as many kids aren't talkers. Some kids are, and they tell you everything, including things you would rather not know. These parents often wish they could get their kids to stop talking so the grass is not always greener on the other side! For parents who struggle to get their kids to open up and talk about their day, I share tips to help them open up in this week's article.

https://www.melpeirce.com/blog/gettingkidstotalk

"Children are like wet cement. Whatever falls on them makes an impression."

— Haim Ginott